



National Alliance on Mental Illness

# nami | Western Nevada

## NAMI Support Groups

National Alliance on Mental Illness in Carson City

NAMI Family Support Group and Peer Support Group are free bi-monthly programs. The Family group focuses on developing community, shared wisdom, and best support practices for loved ones living with mental illness. The Peer recovery group supports individuals living with illness by allowing them to learn from each other's experiences, sharing coping strategies, and offering each other encouragement and understanding.

Groups are **FREE** and drop-ins are welcomed after registration.

**Where:** Compass Behavioral Health, Carson City, Nevada

**Address:** 224 E. Winnie Lane, Ste. 212, Carson City, NV: Nearest cross streets are Winnie Ln. and Carson Street/Hwy. 395, Located North of the Salvation Army

**Dates:** The 2<sup>nd</sup> and 4<sup>th</sup> Sundays of each month.

**Time:** 6:00 – 7:30 PM

“Like” us on Facebook at “NAMI Western Nevada”

[www.facebook.com/pages/NAMI-Western-Nevada/663422027010498](http://www.facebook.com/pages/NAMI-Western-Nevada/663422027010498)

Call Kathy (775) 882-1952 or  
Pat (775) 882-6905. First time  
attendees, please register & confirm  
dates, as they will change.

For more info on NAMI: [www.nami.org](http://www.nami.org)

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